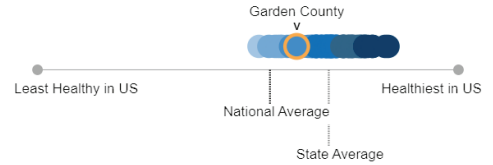
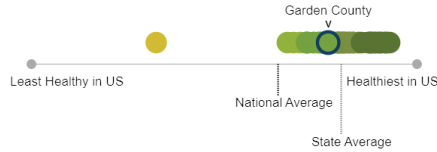


# Garden County



Each Nebraska county with sufficient data is represented by a dot, placed on a continuum from least health to healthiest in the nation.

The color of each dot represents data-informed groupings of counties nationwide with similar **Population Health and Well-being** or **Community Conditions** on the continuum.

**Population Health and Well-being:** Garden County is faring slightly worse than the average county in Nebraska and better than the average county in the nation.

**Community Conditions:** Garden County is faring slightly worse than the average county in Nebraska and slightly better than the average county in the nation.

| Population: 1,794  | 2025   | Low NE 2025 | High NE 2025 | NE 2025 | U.S. 2025 |
|--|--------|-------------|--------------|---------|-----------|
| <b>Population Health and Well-being</b>  |        |             |              |         |           |
| Length of Life   |        |             |              |         |           |
| Premature death (years of potential life lost, per 100,000) <sup>(1)</sup>     |        | 4802        | 27000        | 7100    | 8400      |
| Quality of Life  |        |             |              |         |           |
| Average # of poor physical health days (adults)                                | 4.2    | 3.2         | 4.9          | 3.4     | 3.9       |
| % Low birthweight, <2,500 grams  |        | 3           | 12           | 8       | 8         |
| Average # of poor mental health days (adults)                                  | 4.8    | 4.3         | 5.3          | 4.3     | 5.1       |
| % Reporting of poor or fair health (adults)                                    | 20     | 11          | 24           | 15      | 17        |
| <b>Community Conditions</b>  |        |             |              |         |           |
| Health Infrastructure  |        |             |              |         |           |
| % Flu vaccinations (Medicare enrollees)  | 16     | 4           | 64           | 50      | 48        |
| % Access to exercise opportunities <sup>(1)</sup>                              | 62     | 2           | 100          | 85      | 84        |
| Food environment index (0=worst, 10=best)                                      | 7.4    | 3.5         | 8.8          | 7.6     | 7.4       |
| Primary care physicians rate (per 100,000 population)                          | 1847:1 | 367:1       | 8330:1       | 1340:1  | 1330:1    |
| Mental health providers rate (per 100,000 population)                          | 1794:1 | 158:1       | 8459:1       | 290:1   | 300:1     |
| Dentists rate (per 100,000 population)   | 1837:1 | 372:0       | 5287:1       | 1220:1  | 1360:1    |
| Preventable hospital stays (per 100,000 Medicare enrollees)                    | 4701   | 605         | 5909         | 2231    | 2666      |
| % Mammography screening (Medicare females age 65-74)                           | 32     | 18          | 64           | 52      | 44        |
| % Uninsured (population under age 65)  | 8      | 5           | 15           | 8       | 10        |
| Physical Environment   |        |             |              |         |           |
| % Households with severe housing problems                                      | 6      | 3           | 21           | 12      | 17        |
| % Driving alone to work  | 65     | 55          | 88           | 77      | 70        |
| % Long commute – driving alone   | 13     | 5           | 52           | 19      | 37        |
| Average daily density of fine particulate matter                               | 5.4    | 4.8         | 7.8          | 6.0     | 7.3       |
| Drinking water violations?   | No     |             |              |         |           |
| % Households with broadband Internet connection <sup>(1,2)</sup>               | 83     | 71          | 95           | 90      | 90        |
| Library visits per person in service area per year <sup>(2)</sup>              | 2      | 1           | 20           | 3       | 2         |
| Social and Economic Factors  |        |             |              |         |           |
| % With some college (adults age 25–44)   | 68     | 48          | 90           | 72      | 68        |
| % High school completion (adults age 25 and older)                             | 95     | 77          | 100          | 92      | 89        |
| % Unemployed (population age 16 and older)                                     | 2.0    | 1.5         | 3.6          | 2.3     | 3.6       |
| Income inequality ratio (80th to 20th percentile)                              | 3.3    | 2.8         | 5.9          | 4.2     | 4.9       |
| % Children in poverty  | 23     | 5           | 28           | 11      | 16        |
| Injury death rate (per 100,000 population) <sup>(1)</sup>                      | 216    | 45          | 216          | 65      | 84        |
| Membership associations rate (per 10,000 population)                           | 32.7   | 0.0         | 59.6         | 13.7    | 9.1       |
| Childcare cost (as % of median houshold income, two children) <sup>(1,2)</sup> | 44     | 23          | 44           | 30      | 28        |

# Garden County

The County Health Rankings & Roadmaps data release provides a snapshot of the health of each county in two summary scores: **Population Health and Well-being** (which measures length and quality of life) and **Community Conditions** (which measure issues that can shape population health and well-being). Each county is placed on a continuum from least healthy to healthiest in the nation and is categorized into a health grouping of counties with similar summary scores. The following tables illustrate the “drivers” for the health of this county.

**What do these drivers mean?**  
The drivers indicate the measures with the greatest impact on the health of the county, according to the CHR&R model of health and county performance. Drivers labeled with a green plus sign are measures where the county performed better than the average of counties nationwide. Drivers labeled with a red minus sign could be improved and may warrant additional attention. The Direction of Impact is not determined for counties with insufficient data.

**Population Health and Well-being**  
**Drivers with the greatest impact on health, Garden County, Nebraska, 2025**

| Measure                   | Description   | Factor Category | County Value | U.S. 2025 | Direction of Impact |
|---------------------------|---|-----------------|--------------|-----------|---------------------|
| Poor Mental Health Days   | Average number of mentally unhealthy days reported in past 30 days (age-adjusted)   | Quality of Life | 4.8          | 5.1       | +                   |
| Poor Physical Health Days | Average number of physically unhealthy days reported in past 30 days (age-adjusted) | Quality of Life | 4.2          | 3.9       | -                   |
| Poor or Fair Health       | Percentage of adults reporting fair or poor health (age-adjusted)                   | Quality of Life | 20%          | 17%       | -                   |
| Premature Death           | Years of potential life lost before age 75 per 100,000 population (age-adjusted)    | Length of Life  | N/A          | 8400      | N/A                 |
| Low Birth Weight          | Percentage of live births with low birth weight (<2,500 grams)                      | Quality of Life | N/A          | 8.4%      | N/A                 |

**Community Conditions**  
**Drivers with the greatest impact on health, Garden County, Nebraska, 2025**

| Measure                 | Description  | Factor Category             | County Value | U.S. 2025 | Direction of Impact |
|-------------------------|--|-----------------------------|--------------|-----------|---------------------|
| Injury Deaths           | Number of deaths due to injury per 100,000 population  | Social and Economic Factors | 216          | 84        | -                   |
| Social Associations     | Number of membership associations per 10,000 population  | Social and Economic Factors | 32.7         | 9.1       | +                   |
| Flu Vaccinations        | Percentage of fee-for-service (FFS) Medicare enrollees who had an annual flu vaccination   | Health Infrastructure       | 16%          | 48%       | -                   |
| Child Care Cost Burden  | Child care costs for a household with two children as a percent of median household income   | Social and Economic Factors | 44%          | 28%       | -                   |
| Severe Housing Problems | Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen facilities, or lack of plumbing facilities | Physical Environment        | 6%           | 17%       | +                   |

N/A: Not applicable due to insufficient data

+ Green Plus: County performed better than the average of counties in the U.S.

- Red Minus: County performed worse than the average of counties in the U.S.

For more information on the derivation of health groups, please visit: [bit.ly/2025CHRRmethods](https://bit.ly/2025CHRRmethods). For more information on data sources, year(s) of data and weights for measures, please visit [bit.ly/2025CHRRmeasures](https://bit.ly/2025CHRRmeasures).