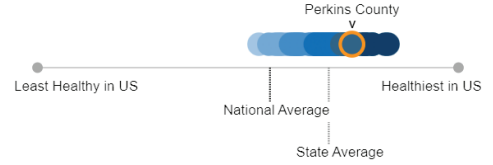
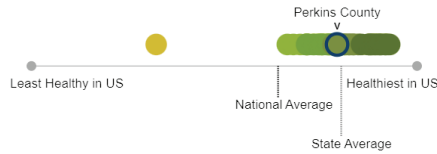


# Perkins County



Each Nebraska county with sufficient data is represented by a dot, placed on a continuum from least health to healthiest in the nation.

The color of each dot represents data-informed groupings of counties nationwide with similar **Population Health and Well-being** or **Community Conditions** on the continuum.

**Population Health and Well-being:** Perkins County is faring about the same as the average county in Nebraska and better than the average county in the nation.

**Community Conditions:** Perkins County is faring slightly better than the average county in Nebraska and better than the average county in the nation.

Population: 2,795	2025	Low NE 2025	High NE 2025	NE 2025	U.S. 2025
<b>Population Health and Well-being</b>					
Length of Life					
Premature death (years of potential life lost, per 100,000) <sup>(1)</sup>		4802	27000	7100	8400
Quality of Life					
Average # of poor physical health days (adults)	3.6	3.2	4.9	3.4	3.9
% Low birthweight, <2,500 grams	8	3	12	8	8
Average # of poor mental health days (adults)	4.5	4.3	5.3	4.3	5.1
% Reporting of poor or fair health (adults)	16	11	24	15	17
<b>Community Conditions</b>					
Health Infrastructure					
% Flu vaccinations (Medicare enrollees)	41	4	64	50	48
% Access to exercise opportunities <sup>(1)</sup>	54	2	100	85	84
Food environment index (0=worst, 10=best)	8.0	3.5	8.8	7.6	7.4
Primary care physicians rate (per 100,000 population)	944:1	367:1	8330:1	1340:1	1330:1
Mental health providers rate (per 100,000 population)		158:1	8459:1	290:1	300:1
Dentists rate (per 100,000 population)	2829:1	372:0	5287:1	1220:1	1360:1
Preventable hospital stays (per 100,000 Medicare enrollees)		605	5909	2231	2666
% Mammography screening (Medicare females age 65-74)	48	18	64	52	44
% Uninsured (population under age 65)	11	5	15	8	10
Physical Environment					
% Households with severe housing problems	11	3	21	12	17
% Driving alone to work	79	55	88	77	70
% Long commute – driving alone	18	5	52	19	37
Average daily density of fine particulate matter	5.7	4.8	7.8	6.0	7.3
Drinking water violations?	No				
% Households with broadband Internet connection <sup>(1,2)</sup>	88	71	95	90	90
Library visits per person in service area per year <sup>(2)</sup>	15	1	20	3	2
Social and Economic Factors					
% With some college (adults age 25–44)	70	48	90	72	68
% High school completion (adults age 25 and older)	93	77	100	92	89
% Unemployed (population age 16 and older)	1.7	1.5	3.6	2.3	3.6
Income inequality ratio (80th to 20th percentile)	4.0	2.8	5.9	4.2	4.9
% Children in poverty	12	5	28	11	16
Injury death rate (per 100,000 population) <sup>(1)</sup>	118	45	216	65	84
Membership associations rate (per 10,000 population)	28.3	0.0	59.6	13.7	9.1
Childcare cost (as % of median household income, two children) <sup>(1,2)</sup>	27	23	44	30	28

# Perkins County

The County Health Rankings & Roadmaps data release provides a snapshot of the health of each county in two summary scores: **Population Health and Well-being** (which measures length and quality of life) and **Community Conditions** (which measure issues that can shape population health and well-being). Each county is placed on a continuum from least healthy to healthiest in the nation and is categorized into a health grouping of counties with similar summary scores. The following tables illustrate the “drivers” for the health of this county.

**What do these drivers mean?**  
 The drivers indicate the measures with the greatest impact on the health of the county, according to the CHR&R model of health and county performance. Drivers labeled with a green plus sign are measures where the county performed better than the average of counties nationwide. Drivers labeled with a red minus sign could be improved and may warrant additional attention. The Direction of Impact is not determined for counties with insufficient data.

**Population Health and Well-being**  
**Drivers with the greatest impact on health, Perkins County, Nebraska, 2025**

Measure	Description	Factor Category	County Value	U.S. 2025	Direction of Impact
Poor Mental Health Days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted)	Quality of Life	4.5	5.1	+
Poor Physical Health Days	Average number of physically unhealthy days reported in past 30 days (age-adjusted)	Quality of Life	3.6	3.9	+
Poor or Fair Health	Percentage of adults reporting fair or poor health (age-adjusted)	Quality of Life	16%	17%	+
Low Birth Weight	Percentage of live births with low birth weight (<2,500 grams)	Quality of Life	8%	8.4%	-
Premature Death	Years of potential life lost before age 75 per 100,000 population (age-adjusted)	Length of Life	N/A	8400	N/A

**Community Conditions**  
**Drivers with the greatest impact on health, Perkins County, Nebraska, 2025**

Measure	Description	Factor Category	County Value	U.S. 2025	Direction of Impact
Library Access	Library visits per person living within the library service area per year	Physical Environment	15	2	+
Social Associations	Number of membership associations per 10,000 population	Social and Economic Factors	28.3	9.1	+
Unemployment	Percentage of population ages 16 and older unemployed but seeking work	Social and Economic Factors	1.7%	3.6%	+
Primary Care Physicians	Ratio of population to primary care physicians	Health Infrastructure	944:1	1330:1	+
Long Commute – Driving Alone	Among workers who commute in their car alone, the percentage that commute more than 30 minutes	Physical Environment	18%	37%	+

N/A: Not applicable due to insufficient data

+ Green Plus: County performed better than the average of counties in the U.S.

- Red Minus: County performed worse than the average of counties in the U.S.

For more information on the derivation of health groups, please visit: [bit.ly/2025CHRRmethods](https://bit.ly/2025CHRRmethods). For more information on data sources, year(s) of data and weights for measures, please visit [bit.ly/2025CHRRmeasures](https://bit.ly/2025CHRRmeasures).