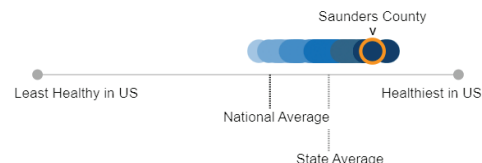
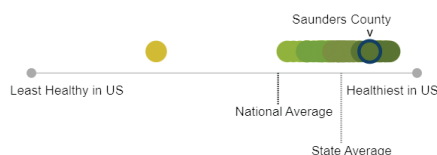


# Saunders County



Each Nebraska county with sufficient data is represented by a dot, placed on a continuum from least health to healthiest in the nation.

The color of each dot represents data-informed groupings of counties nationwide with similar **Population Health and Well-being** or **Community Conditions** on the continuum.

**Population Health and Well-being:** Saunders County is faring slightly better than the average county in Nebraska and better than the average county in the nation.

**Community Conditions:** Saunders County is faring better than the average county in Nebraska and better than the average county in the nation.

| Population: 23,463                                                             | 2025   | Low NE 2025 | High NE 2025 | NE 2025 | U.S. 2025 |
|--------------------------------------------------------------------------------|--------|-------------|--------------|---------|-----------|
| <b>Population Health and Well-being</b>                                        |        |             |              |         |           |
| Length of Life                                                                 |        |             |              |         |           |
| Premature death (years of potential life lost, per 100,000) <sup>(1)</sup>     | 6667   | 4802        | 27000        | 7100    | 8400      |
| Quality of Life                                                                |        |             |              |         |           |
| Average # of poor physical health days (adults)                                | 3.3    | 3.2         | 4.9          | 3.4     | 3.9       |
| % Low birthweight, <2,500 grams                                                | 7      | 3           | 12           | 8       | 8         |
| Average # of poor mental health days (adults)                                  | 4.4    | 4.3         | 5.3          | 4.3     | 5.1       |
| % Reporting of poor or fair health (adults)                                    | 13     | 11          | 24           | 15      | 17        |
| <b>Community Conditions</b>                                                    |        |             |              |         |           |
| Health Infrastructure                                                          |        |             |              |         |           |
| % Flu vaccinations (Medicare enrollees)                                        | 47     | 4           | 64           | 50      | 48        |
| % Access to exercise opportunities <sup>(1)</sup>                              | 61     | 2           | 100          | 85      | 84        |
| Food environment index (0=worst, 10=best)                                      | 8.3    | 3.5         | 8.8          | 7.6     | 7.4       |
| Primary care physicians rate (per 100,000 population)                          | 2279:1 | 367:1       | 8330:1       | 1340:1  | 1330:1    |
| Mental health providers rate (per 100,000 population)                          | 2346:1 | 158:1       | 8459:1       | 290:1   | 300:1     |
| Dentists rate (per 100,000 population)                                         | 3303:1 | 372:0       | 5287:1       | 1220:1  | 1360:1    |
| Preventable hospital stays (per 100,000 Medicare enrollees)                    | 1545   | 605         | 5909         | 2231    | 2666      |
| % Mammography screening (Medicare females age 65-74)                           | 57     | 18          | 64           | 52      | 44        |
| % Uninsured (population under age 65)                                          | 5      | 5           | 15           | 8       | 10        |
| Physical Environment                                                           |        |             |              |         |           |
| % Households with severe housing problems                                      | 8      | 3           | 21           | 12      | 17        |
| % Driving alone to work                                                        | 78     | 55          | 88           | 77      | 70        |
| % Long commute – driving alone                                                 | 47     | 5           | 52           | 19      | 37        |
| Average daily density of fine particulate matter                               | 7.6    | 4.8         | 7.8          | 6.0     | 7.3       |
| Drinking water violations?                                                     | No     |             |              |         |           |
| % Households with broadband Internet connection <sup>(1,2)</sup>               | 91     | 71          | 95           | 90      | 90        |
| Library visits per person in service area per year <sup>(2)</sup>              | 5      | 1           | 20           | 3       | 2         |
| Social and Economic Factors                                                    |        |             |              |         |           |
| % With some college (adults age 25–44)                                         | 75     | 48          | 90           | 72      | 68        |
| % High school completion (adults age 25 and older)                             | 96     | 77          | 100          | 92      | 89        |
| % Unemployed (population age 16 and older)                                     | 1.9    | 1.5         | 3.6          | 2.3     | 3.6       |
| Income inequality ratio (80th to 20th percentile)                              | 3.8    | 2.8         | 5.9          | 4.2     | 4.9       |
| % Children in poverty                                                          | 7      | 5           | 28           | 11      | 16        |
| Injury death rate (per 100,000 population) <sup>(1)</sup>                      | 70     | 45          | 216          | 65      | 84        |
| Membership associations rate (per 10,000 population)                           | 16.4   | 0.0         | 59.6         | 13.7    | 9.1       |
| Childcare cost (as % of median houshold income, two children) <sup>(1,2)</sup> | 23     | 23          | 44           | 30      | 28        |

# Saunders County

The County Health Rankings & Roadmaps data release provides a snapshot of the health of each county in two summary scores: **Population Health and Well-being** (which measures length and quality of life) and **Community Conditions** (which measure issues that can shape population health and well-being). Each county is placed on a continuum from least healthy to healthiest in the nation and is categorized into a health grouping of counties with similar summary scores. The following tables illustrate the “drivers” for the health of this county.

**What do these drivers mean?**  
The drivers indicate the measures with the greatest impact on the health of the county, according to the CHR&R model of health and county performance. Drivers labeled with a green plus sign are measures where the county performed better than the average of counties nationwide. Drivers labeled with a red minus sign could be improved and may warrant additional attention. The Direction of Impact is not determined for counties with insufficient data.

**Population Health and Well-being**  
**Drivers with the greatest impact on health, Saunders County, Nebraska, 2025**

| Measure                   | Description                                                                         | Factor Category | County Value | U.S. 2025 | Direction of Impact |
|---------------------------|-------------------------------------------------------------------------------------|-----------------|--------------|-----------|---------------------|
| Poor Mental Health Days   | Average number of mentally unhealthy days reported in past 30 days (age-adjusted)   | Quality of Life | 4.4          | 5.1       | +                   |
| Poor Physical Health Days | Average number of physically unhealthy days reported in past 30 days (age-adjusted) | Quality of Life | 3.3          | 3.9       | +                   |
| Poor or Fair Health       | Percentage of adults reporting fair or poor health (age-adjusted)                   | Quality of Life | 13%          | 17%       | +                   |
| Premature Death           | Years of potential life lost before age 75 per 100,000 population (age-adjusted)    | Length of Life  | 6667         | 8400      | +                   |
| Low Birth Weight          | Percentage of live births with low birth weight (<2,500 grams)                      | Quality of Life | 7%           | 8.4%      | +                   |

**Community Conditions**  
**Drivers with the greatest impact on health, Saunders County, Nebraska, 2025**

| Measure                | Description                                                                                     | Factor Category             | County Value | U.S. 2025 | Direction of Impact |
|------------------------|-------------------------------------------------------------------------------------------------|-----------------------------|--------------|-----------|---------------------|
| Mammography Screening  | Percentage of female Medicare enrollees ages 65-74 who received an annual mammography screening | Health Infrastructure       | 57%          | 44%       | +                   |
| Children in Poverty    | Percentage of people under age 18 in poverty                                                    | Social and Economic Factors | 7%           | 16%       | +                   |
| Unemployment           | Percentage of population ages 16 and older unemployed but seeking work                          | Social and Economic Factors | 1.9%         | 3.6%      | +                   |
| Some College           | Percentage of adults ages 25-44 with some post-secondary education                              | Social and Economic Factors | 75%          | 68%       | +                   |
| High School Completion | Percentage of adults ages 25 and over with a high school diploma or equivalent                  | Social and Economic Factors | 96%          | 89%       | +                   |

N/A: Not applicable due to insufficient data

+ Green Plus: County performed better than the average of counties in the U.S.

- Red Minus: County performed worse than the average of counties in the U.S.

For more information on the derivation of health groups, please visit: [bit.ly/2025CHRRmethods](https://bit.ly/2025CHRRmethods). For more information on data sources, year(s) of data and weights for measures, please visit [bit.ly/2025CHRRmeasures](https://bit.ly/2025CHRRmeasures).