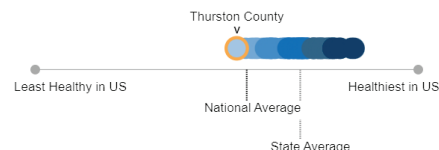
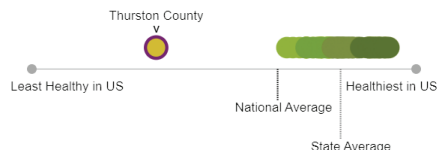


# Thurston County



Each Nebraska county with sufficient data is represented by a dot, placed on a continuum from least health to healthiest in the nation.

The color of each dot represents data-informed groupings of counties nationwide with similar **Population Health and Well-being** or **Community Conditions** on the continuum.

**Population Health and Well-being:** Thurston County is faring worse than the average county in Nebraska and worse than the average county in the nation.

**Community Conditions:** Thurston County is faring worse than the average county in Nebraska and slightly worse than the average county in the nation.

Population: 6,557	2025	Low NE 2025	High NE 2025	NE 2025	U.S. 2025
<b>Population Health and Well-being</b>					
Length of Life					
Premature death (years of potential life lost, per 100,000) <sup>(1)</sup>	27026	4802	27000	7100	8400
Quality of Life					
Average # of poor physical health days (adults)	4.9	3.2	4.9	3.4	3.9
% Low birthweight, <2,500 grams	8	3	12	8	8
Average # of poor mental health days (adults)	5.3	4.3	5.3	4.3	5.1
% Reporting of poor or fair health (adults)	24	11	24	15	17
<b>Community Conditions</b>					
Health Infrastructure					
% Flu vaccinations (Medicare enrollees)	21	4	64	50	48
% Access to exercise opportunities <sup>(1)</sup>	40	2	100	85	84
Food environment index (0=worst, 10=best)	7.5	3.5	8.8	7.6	7.4
Primary care physicians rate (per 100,000 population)	1103:1	367:1	8330:1	1340:1	1330:1
Mental health providers rate (per 100,000 population)	205:1	158:1	8459:1	290:1	300:1
Dentists rate (per 100,000 population)	1085:1	372:0	5287:1	1220:1	1360:1
Preventable hospital stays (per 100,000 Medicare enrollees)	3444	605	5909	2231	2666
% Mammography screening (Medicare females age 65-74)	39	18	64	52	44
% Uninsured (population under age 65)	7	5	15	8	10
Physical Environment					
% Households with severe housing problems	19	3	21	12	17
% Driving alone to work	79	55	88	77	70
% Long commute – driving alone	26	5	52	19	37
Average daily density of fine particulate matter	6.9	4.8	7.8	6.0	7.3
Drinking water violations?	No				
% Households with broadband Internet connection <sup>(1,2)</sup>	82	71	95	90	90
Library visits per person in service area per year <sup>(2)</sup>	2	1	20	3	2
Social and Economic Factors					
% With some college (adults age 25–44)	60	48	90	72	68
% High school completion (adults age 25 and older)	92	77	100	92	89
% Unemployed (population age 16 and older)	2.7	1.5	3.6	2.3	3.6
Income inequality ratio (80th to 20th percentile)	4.6	2.8	5.9	4.2	4.9
% Children in poverty	26	5	28	11	16
Injury death rate (per 100,000 population) <sup>(1)</sup>	115	45	216	65	84
Membership associations rate (per 10,000 population)	7.7	0.0	59.6	13.7	9.1
Childcare cost (as % of median household income, two children) <sup>(1,2)</sup>	34	23	44	30	28

Note: Shaded cells indicate data are unavailable due to low reliability or were omitted due to <sup>(1)</sup>methodology change or <sup>(2)</sup>new additions in 2025.

This document was prepared by the staff at Clarkson Regional Health Services. If you would like more information, please contact Melissa Nosal at mnosal@clarksonregional.com.

# Thurston County

The County Health Rankings & Roadmaps data release provides a snapshot of the health of each county in two summary scores: **Population Health and Well-being** (which measures length and quality of life) and **Community Conditions** (which measure issues that can shape population health and well-being). Each county is placed on a continuum from least healthy to healthiest in the nation and is categorized into a health grouping of counties with similar summary scores. The following tables illustrate the “drivers” for the health of this county.

**What do these drivers mean?**  
The drivers indicate the measures with the greatest impact on the health of the county, according to the CHR&R model of health and county performance. Drivers labeled with a green plus sign are measures where the county performed better than the average of counties nationwide. Drivers labeled with a red minus sign could be improved and may warrant additional attention. The Direction of Impact is not determined for counties with insufficient data.

**Population Health and Well-being**  
**Drivers with the greatest impact on health, Thurston County, Nebraska, 2025**

Measure	Description	Factor Category	County Value	U.S. 2025	Direction of Impact
Premature Death	Years of potential life lost before age 75 per 100,000 population (age-adjusted)	Length of Life	27026	8400	—
Poor or Fair Health	Percentage of adults reporting fair or poor health (age-adjusted)	Quality of Life	24%	17%	—
Poor Physical Health Days	Average number of physically unhealthy days reported in past 30 days (age-adjusted)	Quality of Life	4.9	3.9	—
Poor Mental Health Days	Average number of mentally unhealthy days reported in past 30 days (age-adjusted)	Quality of Life	5.3	5.1	—
Low Birth Weight	Percentage of live births with low birth weight (<2,500 grams)	Quality of Life	8%	8%	—

**Community Conditions**  
**Drivers with the greatest impact on health, Thurston County, Nebraska, 2025**

Measure	Description	Factor Category	County Value	U.S. 2025	Direction of Impact
Flu Vaccinations	Percentage of fee-for-service (FFS) Medicare enrollees who had an annual flu vaccination	Health Infrastructure	21%	48%	—
Severe Housing Problems	Percentage of households with at least 1 of 4 housing problems: overcrowding, high housing costs, lack of kitchen facilities, or lack of plumbing facilities	Physical Environment	19%	17%	—
Dentists	Ratio of population to dentists	Health Infrastructure	1085:1	1360:1	+
Mental Health Providers	Ratio of population to mental health providers	Health Infrastructure	205:1	300:1	+
Primary Care Physicians	Ratio of population to primary care physicians	Health Infrastructure	1103:1	1330:1	+

N/A: Not applicable due to insufficient data

**+** Green Plus: County performed better than the average of counties in the U.S.

**—** Red Minus: County performed worse than the average of counties in the U.S.

For more information on the derivation of health groups, please visit: [bit.ly/2025CHRRmethods](https://bit.ly/2025CHRRmethods). For more information on data sources, year(s) of data and weights for measures, please visit [bit.ly/2025CHRRmeasures](https://bit.ly/2025CHRRmeasures).